

BREAKFAST

FRESH & QUICK

	Local Breakfast Pastry	5.00
	Fresh Berries or Fresh Cut Fruit	5.00
	Berry Parfait + Toasted granola, vanilla yogurt, berries	6.00
	House Oatmeal + Warm seasonal compote, praline pecans & brown sugar	6.00
GF	Breakfast Cereal + Whole fruit, milk or soy milk	6.00
GF	Strawberry-Banana Smoothie + Strawberry, banana, apple juice & vanilla yogurt	6.00

BREAKFAST SANDWICHES

	The B.E.A.S.T. + Bacon, Egg, Avocado, Spinach and Tomato on a croissant. Served with fresh cut fruit.	12.00
	Maple Bacon, Egg & Cheddar + Bacon, egg and cheddar on sourdough. Served with fresh cut fruit.	11.00
	Asheville Artisan* + Build your own egg sandwich with your choice of meat, cheese & bread.	11.00
	Breakfast Bundle + Choice of any breakfast sandwich. Served with fresh cut fruit & your choice of any bottled beverage or any size Starbucks drip coffee.	13.00

FROM THE GRIDDLE

GF	Build Your Own Omelet + Choose one, then add more for .50 each. Served with toast & fresh cut fruit. - Bacon, sausage, ham, tomato, mushroom, spinach, red onion	11.00
GF, V	Hakuna Frittata + Spinach, goat cheese, tomato, red onion, basil. Served with fresh cut fruit & toast.	12.00
	Rise n' Shine* + Two eggs cooked to order, bacon or sausage and a side of grits. Served with fresh cut fruit & toast.	12.00

BREAKFAST BOWLS

	Grit Bowl* + Smoked gouda grits mixed with crumbled bacon & sausage, topped with an egg cooked to order, garnished with green onion.	11.00
	Ranchero Bowl* + Black beans, house-made salsa, avocado, tortilla chips, lime crema, topped with an egg cooked to order, garnished with cilantro.	11.00
	Cheesey Breakfast Potato Bowl* + Breakfast potatoes topped with a monterey jack cheddar blend, bacon crumbles, topped with an egg cooked to order, garnished with green onion.	11.00

FAMILIAR SIDES

	Maple Bacon	4.00
	Country Sausage	4.00
	Eggs (2)	3.00
	Grits	4.00
	Breakfast Potatoes	3.00
	Bagel w/ Cream Cheese	4.00
	Toast	2.00

GF = Gluten Free V = Vegetarian *If eggs are cooked to order, raw or undercooked eggs may increase your risk of foodborne illness.